## ONLINE OPPORTUNITIES

WHILE IN LOCKDOWN....

Click on this <u>LIVE LINK</u>, where you will find names and descriptions of Apps and websites according to the below categories:



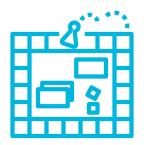
## FITNESS & EXERCISE

Embark on a fitness challenge or join a fitness group to stay active and healthy.



Meet up with friends easily and stay connected. It's "physical distancing" not "social distancing"!







Play , connect , compete and pretend! It surely helps!



Helping others will feel of great value these days, to you and everyone benefitting from your help!





## HOBBIES & COMPETITIONS

Continue practicing your hobbies, pick up new ones or join competitions online.

VIRTUAL VACATIONS

Teleport to some of the world's greatest art museums, performances and historical sites





Use online tools and tricks to stay organized and motivated!

## **KEEP SENDING YOUR SUGGESTIONS** & WE WILL KEEP UPDATING THE <u>LINK</u>

**K.A. counselors**